



East Kilbride Train Station Directions

The Kerith Counselling Service premises are only a short walk from the train station.



1. At the Train Station

As you come out of the train station entrance, turn left and head up the incline towards the main road.



2. West Mains Road

At the top of the entrance road to the station cross over to the other side and walk towards the mini roundabout. Just beyond it you will come to a zebra crossing. Cross the main road and walk up into Kittoch.



3. Kittoch Street

As you walk up Kittoch Street you will see Lindsay house (a large white building) on your right. Walk alongside the white building. At the end of it you will see Montgomery place on your right.



4. Montgomery Place

Turn right into Montgomery place and then turn left into where the car park is. On your right is the Kerith Office. Welcome!