



East Kilbride Bus Station

The Kerith Counselling Service premises are only a short ten minute walk from the bus station.



### 1. Cornwall Street

As you come out of the bus station the main shopping centre is directly ahead of you. Don't go into the shopping area, instead turn right and head towards the road crossing on Cornwall Street. Cross the road and turn right.



### 2. Roadside Footpath

A few yards later you should go down the steps on to the footpath veering left.



3. Three Bears Roundabout  
Follow the footpath along Churchill Avenue to the next roundabout with the wooden bears  
in the centre.



#### 4. Glebe Street

At the roundabout turn left and go to the road crossing lights. Cross over the road, go up the steps and veer left into Glebe Street.



#### 5. Hunter Street

Continue along Glebe Street and go past the Nam restaurant on your right. Go straight ahead past assorted shops on your right and you will reach Hunter Street.



#### 6. Wheatsheaf Pend

As you exit from Glebe Street on to Hunter Street, the Montgomery Pub is on your left. Look down Hunter Street and you will see a row of white ships with an arch at the end. The Arch is called Wheatsheaf Pond. There is a sign on the wall – Go through the arch.



#### 7. Kerith Office

Once you pass through the arch, the Kerith Office is on your left. Welcome!

